Craven choke puppy" means that puppies frequently choke on their food because they’re too greedy to eat slowly.

GREEDY CHOKE PUPPY

I see a Lagahoo last night. In the back of the house, behind the pigeon peas.”

“Yes, Granny.” Sitting cross-legged on the floor, Jacky leaned back against her grandmother’s knees and closed her eyes in bliss against the gentle tug of Granny’s hands braiding her hair. Jacky still enjoyed this evening ritual, even though she was a big hard-back woman, thirty-two years next month.

The moon was shining in through the open jalousie windows, bringing the sweet smell of Ladies-of-the-Night flowers with it. The ceiling fan beat its soothing rhythm.

“How you mean, ‘Yes, Granny’? You even know what a Lagahoo is?”

“Don’t you been frightening me with jumby story from since I small? I putting a section on it in my thesis paper. Is a donkey with gold teeth, wearing a waistcoat
with a pocket watch and two pair of tennis shoes on the hooves.”

“Washekong, you mean. I never teach you to say ‘tennis shoes.’”

Jacky smiled. “Yes, Granny. So, what the Lagahoo was doing in the pigeon peas patch?”

“Just standing, looking at my window. Then he pull out he watch chain from out he waistcoat pocket, and he look at the time, and he put the watch back, and he bite off some pigeon peas from off one bush, and he walk away.”

Jacky laughed, shaking so hard that her head pulled free of Granny’s hands. “You mean to tell me that a Lagahoo come all the way to we little house in Diego Martin, just to sample we so-so pigeon peas?” Still chuckling, she settled back against Granny’s knees. Granny tugged at a hank of Jacky’s hair, just a little harder than necessary.

Jacky could hear the smile in the old woman’s voice. “Don’t get fresh with me, young lady. You turn big woman now, Ph.D. student and thing, but is still your old nen-nen who does plait up your hair every evening, oui!”

“Yes, Granny. You know I does love to make mako pon you, to tease you a little.”

“This ain’t no joke, child. My mammy used to say that a Lagahoo is God horse, and when you see one, somebody go dead. The last time I see one is just before your mother dead.” The two women fell silent. The memory hung in the air between them, of the badly burned body retrieved from the wreckage of the car that had gone off the road. Jacky knew that her grandmother would soon change the subject. She blamed herself for the argument that had sent Jacky’s mother raging from

the house in the first place. And whatever Granny didn’t want to think about, she certainly wasn’t going to talk about.

Granny sighed. “Well, don’t fret, doux-doux. Just be careful when you go out so late at night. I couldn’t stand to lose you, too.”

“You self too, Granny. Always off to prayer meeting, sometimes ’fore day morning before you come home. I does worry about you, you know?”

Granny just grunted, “Mm-hmm.”

Jacky closed her eyes, dreamy in the gentle tugs on her hair, the cool stripes of oil that Granny laid down with a finger in the parts between each plait. “Granny, you want to hear how my thesis going?”

“Mm?”

“I write about La Diableresse already, the devil lady, how she pretty for so, but with sharpened teeth and one goat hoof, you did right about that part, Granny.”

“I know.”

“And you ever notice is only men she does appear to? I talk about how she represent masculine fears of female sexua—”

“Hold this plait here, Jacky. Yes, keep it out of the way.”

“Yes, Granny. That Lagahoo, now, that we was just talking about? Well, it have a Jamaican equivalent. They call it the Rolling Calf—”

“All right, girl: I done.” Granny finished off the last braid and gently stroked Jacky’s head. “Go and wrap up your head in a scarf, so the plaits will stay nice while you sleeping.”

“Thank you, Granny. What I would do without you to help me make myself pretty for the gentlemen, eh?”

Granny smiled, but with a worried look on her face.
“Never you mind all that. You just mind your studies. It have plenty of time to catch man.”

Jacky stood and gave the old woman a kiss on one warm, soft cheek and headed towards her bedroom in search of a scarf. Behind her, she could hear Granny settling back into the faded wicker armchair, muttering distractedly to herself, “But why this Lagahoo come to bother me again, eh?”

The first time, I ain’t know what was happening to me. I was younger them times there, and sweet for so, you see? Sweet like julie mango, with two ripe tot-tot on the front of my body and two ripe maami-apple behind. I only had was to walk down the street, twitching that maami-apple behind, and all the boys-them on the street corner would watch at me like them was starving, and I was food.

But I get to find out know how it is when the boys stop making sweet eye at you so much, and start watching after a next younger thing. I get to find out that when you pass you prime, and you ain’t catch no man eye, nothing ain’t left for you but to get old and dry-up like cane leaf in the fire. Is just so I was feeling that night. Like something wither-up. Like something that once used to drink in the feel of the sun on it skin, but now it dead and dry, and the sun only drying it out more. And the feeling make a burning in me belly, and the burning spread out to my skin, till I couldn’t take it no more. I jump up from my little bed just so in the middle of the night, and snatch off my nightie. And when I do so, my skin come with it, and drop off on the floor. Inside my skin I was just one big ball of fire, and Lord, the night air feel nice and cool on the flame! I know then I was a soucouyant, a hag-woman. I know what I had was to do. When your youth start to leave you, you have to steal more from somebody who still have plenty. I fly out the window and start to search, search for a newborn baby.

“Lagahoo? I know that word from somewhere, Jacky.”

Jacky smiled at her friend Carmen, a librarian in the humanities section of the Library of the University of the West Indies. “You probably hear it from Granny. Is French creole for ‘werewolf.’ But as Trini people tell it, is a donkey, not a wolf. Only we could come up with something so jokey as a were-donkey, ou?”

Carmen giggled, leaning back in her chair behind the information desk, legs sprawled under the bulge of her advanced pregnancy. “And that and all going in your thesis paper, I suppose. You have a title for the paper yet?”

“Magic in the Real: the Role of Folklore in Everyday Caribbean Life.”

“Magic in the Real’: I like that.” Carmen stretched, groaned. “Lord, girl, my back paining me for so, you see?”

“How much longer?” Jacky asked. A baby! To think Carmen would soon have a child.

“Two weeks. I could scarcely wait to get it out of me. I feel like I have a belly full of cement.”

“Carmen!” Jacky was scandalised. “How you could talk so! I tell you, if it was me making baby, I would be happy, happy. I would be shining bright like the sun in the sky.”

Carmen just chuckled. “From high school days you always been in such a hurry to turn big woman. Your
turn to make baby will come, and then we will see how happy and shiny you talking by the time you due for labour.”

Carmen was a little older than Jacky. They had known each other since they were girls together at Saint Alban’s Primary School. Carmen was always very interested in Jacky’s research.

“As far as I know, it doesn’t change into a human being. Why does your granny think she saw a Lagahoo in the backyard?”

“You know Granny, Carmen. She sees all kinds of things, duppy and jumby and things like that. Remember the duppy stories she used to tell us when we were small, so we would be scared and mind what she said.”

Carmen laughed. “And the soucouyant, don’t forget that. My mother used to tell me that one too.” She smiled a strange smile. “It didn’t really frighten me, though. I always wondered what it would be like to take your skin off, leave your worries behind, and fly so free.”

“Well, you sit there so and wonder. I have to keep researching this paper. The back issues come in yet?”

“Right here.” Sighing with the effort of bending over, Carmen reached under the desk and pulled out a stack of slim bound volumes of Huracan, a Caribbean literary journal that was now out of print. A smell of wormwood and age rose from them. In the 1940s, Huracan had published a series of issues on folktales. Jacky hoped that these would provide her with more research material.

“Thanks, Carmen.” She picked up the volumes and looked around for somewhere to sit. There was an empty private carrel, but there was also a free space at one of the large study tables. Terry was sitting there, head bent over a fat textbook. The navy blue of his shirt suited his skin, made it glow like a newly unwrapped chocolate. Jacky smiled. She went over to the desk, tapped Terry on the shoulder. “I could sit beside you, Terry?”

Startled, he looked up to see who had interrupted him. His handsome face brightened with welcome. “Uh, sure, no problem. Let me get . . . ” He leapt to pull out the chair for her, overturning his own in the process. At the crash, everyone in the library looked up. “Shit.” He bent over to pick up the chair. His glasses fell from his face. Pens and pencils rained from his shirt pocket.

Jacky giggled. She put her books down, retrieved Terry’s glasses just before he would have stepped on them. “Here.” She put the spectacles onto his face, let the warmth of her fingertips linger briefly at his temples.

Terry stepped back, sat quickly in the chair, even though it was still at an odd angle from the table. He crossed one leg over the other. “Sorry,” he muttered bashfully. He bent over, reaching awkwardly for the scattered pens and pencils.

“Don’t fret, Terry. You just collect yourself and come and sit back down next to me.” Jacky glowed with the feeling of triumph. Half an hour of studying beside him, and she knew she’d have a date for lunch. She sat, opened a copy of Huracan, and read:

**SOUCOYANT/OL’ HIGUE**

(Trinidad/Guyana)

Caribbean equivalent of the vampire myth. See also “Azeman.” “Soucouyant,” or “blood-sucker,” derives from the French verb “sucr,” to suck. “Ol’
Higue" is the Guyanese creole expression for an old hag, or witch woman. The soucouyant is usually an old, evil-tempered woman who removes her skin at night, hides it, and then changes into a ball of fire. She flies through the air, searching for homes in which there are babies. She then enters the house through an open window or a keyhole, goes into the child's room, and sucks the life from its body. She may visit one child's bedside a number of times, draining a little more life each time, as the frantic parents search for a cure, and the child gets progressively weaker and finally dies. Or she may kill all at once.

The smell of the soup Granny was cooking made Jacky's mouth water. She sat at Granny's wobbly old kitchen table, tracing her fingers along a familiar bun, the one shaped like a handprint. The wooden table had been Granny's as long as Jacky could remember. Grandpa had made the table for Granny long before Jacky was born. Diabetes had finally been the death of him. Granny had brought only the kitchen table and her clothing with her when she moved in with Jacky and her mother.

Granny looked up from the cornmeal and flour dough she was kneading. "Like you idle, doux-doux," she said. She slid the bowl of dough over to Jacky. "Make the dumplings then, nuh?"

Jacky took the bowl over to the stove, started pulling off pieces of dough and forming it into little cakes.

"Andrew make this table for me with he own two hand," Granny said.

"I know. You tell me already."

Granny ignored her. "Forty-two years we married, and every Sunday, I chop up the cabbage for the saltfish on this same table. Forty-two years we eat Sunday morning breakfast right here so. Saltfish and cabbage with a little small-leaf thyme from the back garden, and fry dumpling and cocoa-tea. I miss he too bad. You grandaddy did full up me life, make me feel young."

Jacky kept forming the dumplings for the soup. Granny came over to the stove and stirred the large pot with her wooden spoon. She blew on the spoon, cautiously tasted some of the liquid in it, and carefully floated a whole, ripe Scotch Bonnet pepper on top of the bubbling mixture. "Jacky, when you put the dumpling-them in, don't break the pepper, all right? Otherwise this soup going to make we bawl tonight for pepper."

"Mm. Ain't Mummy used to help you make soup like this on a Saturday?"

"Yes, doux-doux. Just like this," Granny hobbled back to sit at the kitchen table. Tiny, graying braids were escaping the confinement of her stiff black wig. Her knobby legs looked frail in their too-beige stockings. Like so many of the old women that Jacky knew, Granny always wore stockings rolled down below the hems of her worn flower print shifts. "I thought you was going out tonight," Granny said. "With Terry."

"We break up," Jacky replied bitterly. "He say he not ready to settle down." She dipped the spoon into the soup, raised it to her mouth, spat it out when it burned her mouth. "Backside!"

Granny watched, frowning. "Greedy puppy does choke. You mother did always taste straight from the
hot stove, too. I was forever telling her to take time. You come in just like she, always in a hurry. Your eyes bigger than your stomach."

Jacky sucked in an irritable breath. "Granny, Carmen has a baby boy last night. Eight pounds, four ounces. Carmen make she first baby already. I past thirty years old, and I ain't find nobody yet."

"You will find, Jacky. But you can't hurry people so. Is how long you and Terry did stepping out?"

Jacky didn't respond.

"Eh, Jacky? How long?"

"Almost a month."

"Is scarcely two weeks, Jacky, don't lie to me. The boy barely learn where to find your house, and you was pestering he to settle down already. Me and your grandfather court for two years before we went to Parson to marry we."

When Granny started like this, she could go on for hours. Sullenly, Jacky began to drop the raw dumplings one by one into the fragrant, boiling soup.

"Child, you pretty, you have flirty ways, boys always coming and looking for you. You could pick and choose until you find the right one. Love will come. But take time. Love your studies, look out for your friends-them. Love your old Granny," she ended softly.

Hot tears rolled down Jacky's cheeks. She watched the dumplings bobbing back to the surface as they cooked; little warm, yellow suns.

"A new baby," Granny mused. "I must go and visit Carmen, take she some crab and callaloo to strengthen she blood. Hospital food does make you weak, out."

I need more time, more life. I need a baby breath. Must wait till people sleeping, though. Nobody awake to see a fireball flying up from the bedroom window.

The skin only confining me. I could feel it getting old, binding me up inside it. Sometimes I does just feel to take it off and never put it back on again, oui?

Three A.M. 'Fore day morning. Only me and the duppies going to be out this late. Up from out of the narrow bed, slip off the nightie, slip off the skin.

Oh, God, I does be so free like this! Hide the skin under the bed, and fly out the jalousie window. The night air cool, and I flying so high. I know how many people it have in each house, and who sleeping. I could feel them, skin-bag people, breathing out their life, one-one breath. I know where it have a new one, too: down on Vanderpool Lane. Yes, over here. Feel it, the new one, the baby. So much life in that little body.

Fly down low now, right against the ground. Every door have a crack, no matter how small.

Right here. Slip into the house. Turn back into a woman. Is a nasty feeling, walking around with no skin, wet flesh dripping onto the floor, but I get used to it after so many years.

Here. The baby bedroom. Hear the young breath heating up in he lungs, blowing out, wasting away. He ain't know how to use it; I go take it.

Nice baby boy, so fat. Drink, soucouyant. Suck in he warm, warm life. God, it sweet. It sweet can't done. It sweet.

No more? I drink all already? But what a way this baby dead fast!
Childbirth was once a risky thing for both mother and child. Even when they both survived the birth process, there were many unknown infectious diseases to which newborns were susceptible. Oliphant theorizes that the soucouyant lore was created in an attempt to explain infant deaths that would have seemed mysterious in more primitive times. Grieving parents could blame their loss on people who wished them ill. Women tend to have longer life spans than men, but in an even more superstitious age where life was hard and brief, old women in a community could seem sinister. It must have been easy to believe that the women were using sorcerous means to prolong their lives, and how better to do that than to steal the lifeblood of those who were very young.

Dozing, Jacky leaned against Granny’s knees. Outside, the leaves of the julie mango tree rustled and sighed in the evening breeze. Granny tapped on Jacky’s shoulder, passed her a folded section of newspaper with a column circled. Births/Deaths. Granny took a bitter pleasure in keeping track of whom she’d outlived each week. Sleepily, Jacky focused on the words on the page:

**Deceased: Raymond George Lewis, 5 days old, of natural causes. Son of Michael and Carmen, Diego Martin, Port of Spain. Funeral service 5:00 p.m., November 14, Church of the Holy Redeemer.**

“Jesus, Granny. Carmen’s baby! But he was healthy, don’t it?”

“I don’t know, doux-doux. They say he just stop breathing in the night. Just so. What a sad thing. We must go to the funeral, pay we respects.”

Sunlight is fatal to the soucouyant. She must be back in her skin before daylight. In fact, the tales say that the best way to discover a soucouyant is to find her skin, rub the raw side with hot pepper, and replace it in its hiding place. When she tries to put it back on, the pain of the burning pepper will cause the demon to cry out and reveal herself.

**Me fire belly full, oui. When a new breath fueling the fire, I does feel good, like I could never die. And then I does fly and fly, high like the moon. Time to go back home now, though. Eh-eh! Why she leave the back door catch open? Never mind; she does be preoccupied sometimes. Maybe she just forget to close the door. Just fly in the bedroom window. I go close the door after I put on my skin again. Ai! What itching me so? Is what happen to me skin? Ai! Lord, Lord, it burning, it burning too bad. It scratching me all over, like it have fire ants inside there. I can’t stand it!**

Hissing with pain, the soucouyant threw off her burning skin and stood flayed, dripping.

Calmly, Granny entered Jacky’s room. Before Jacky could react Granny picked up the Jacky-skin. She held it close to her body, threatening the skin with the sharp, wicked kitchen knife she held in her other hand. Her look was sorrowful.

“I know it was you, doux-doux. When I see the Lagahoo, I know what I have to do.”
light of early morning. Gritting her teeth, she slashed the Jacky-skin into two ragged halves and flung it into the pigeon peas patch. Jacky shrieked and turned back into her flayed self. Numbly, she picked up her skin, tried with oozing fingers to put the torn edges back together.

“You and me is the last two,” Granny said. “Your mami woulda make three, but I had to kill she too, send my own flesh and blood into the sun. Is time, doux-doux. The Lagahoo calling you."

My skin! Granny, how you could do me so? Oh God, morning coming already? Yes, I could feel it, the sun calling to the fire in me.

Jacky threw the skin down again, leapt as a fireball into the brightening air. I going, I going, where I could burn clean, burn bright, and allyou could go to the Devil, out!

Fireball flying high to the sun, and oh God, it burning, it burning, it burning!

Granny hobbled to the pigeon peas patch, wincing as she cradled her burnt right side. Tears trickled down her wrinkled face. She sobbed, “Why allyou must break my heart so?”

Painfully, she got down to her knees beside the ruined pieces of skin and placed one hand on them. She made her hand glow red hot, igniting her granddaughter’s skin. It began to burn, crinkling and curling back on itself like bacon in a pan. Granny wrinkled her nose against the smell, but kept her hand on the smoking mass until there was nothing but ashes. Her hand faded back to its normal cocoa brown. Clam-
bering to her feet again, she looked about her in the pigeon peas patch.

“I live to see the Lagahoo two time. Next time, God horse, you better be coming for me.”